



### **Stacey Freedenthal, PhD, LCSW**

Stacey Freedenthal, PhD, LCSW, writes extensively about suicide. Her book, *Helping the Suicidal Person: Tips and Techniques for Professionals*, was published in September 2017 by Routledge. Almost 2 million people have visited her website, [SpeakingOfSuicide.com](http://SpeakingOfSuicide.com) since 2013. She also has published scholarly articles about the measurement of suicidal intent, youth's help-seeking when suicidal, and other topics related to suicidality. (For more information about her book, please see [HelpingTheSuicidalPerson.com](http://HelpingTheSuicidalPerson.com).)

As an associate professor at the University of Denver Graduate School of Social Work, Dr. Freedenthal teaches courses on mental health assessment, clinical social work theory and practice, cognitive behavior therapies, and suicide risk assessment and interventions. She also has a private psychotherapy and consulting practice specializing in helping people who have experienced suicidal thoughts, attempted suicide, or lost a loved one to suicide. Dr. Freedenthal has worked in the field of suicide prevention since 1994, when she volunteered at a suicide hotline.

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