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## Second Wind Fund

### News and Notes About the Second Wind Youth Suicide Prevention Program

November 6, 2007

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Hello,

Please join us this Thursday at Jose O'Shea's in Lakewood for a meal and a drink--we get 10% of all sales for the day, including food and drink, in the restaurant and take-out! Also, we have final numbers for our big annual event as well as a big thanks to Vitamin Cottage! Also included is an update on the number of youth served in our program and some recent media coverage.

#### **Thursday, November 8: Jose O'Shea's to Host "Second Wind" Day!**

**10% of All Food, Drink Proceeds to be Donated; Silent Auction Too**

For the 4th year in a row, Jose O'Shea's Mexican Restaurant and Cantina is hosting a "Second Wind Day." It's this **Thursday, November 8. For the whole day, from 11 am to 10 pm, Jose's will be donating 10% of all sales of all food and all drink, including carry-out**, to the Second Wind Fund. There will also be a revamped silent auction that will go on all

day as well.

Please drop by and enjoy one of the most popular Mexican establishments in town, as well as support our work! In addition to doing this for four years in a row, Jose's has also served thousands of tacos at our annual event and has been a friend to many other community charities.

Jose O'Shea's is at Union Blvd. and 4th (just south of 6th Avenue) in Lakewood.

## **Final Walk/Run/Ride Numbers**

### **Spectacle Surpasses Records and Expectations**

Photo: Green Mountain High School Band plays before the start of the walk/run/ride. Photo courtesy Becky Lehmann.



We're done tabulating, and our record crowd of

**2,600** participants, in conjunction with our corporate sponsors, faith community partners, and friends in so many local civic organizations, collectively raised **\$162,000** through our event this year! Thank you especially to **The Jefferson Foundation, Front Range Bank, St. Mary Land and Exploration Company, Green Mountain Presbyterian Church, and Green Mountain High School**, as well as so many other local families, schools, churches, businesses, and clubs for making such a dramatic statement with their generous contributions of gifts and time.

## **Thanks to Vitamin Cottage**

### **1-Day Campaign Raises over \$10K for Youth At-Risk**

Vitamin Cottage is known as a community-oriented store, but the chain added to its legacy last month when it turned over a check for over \$10,000 to the Second Wind Fund to support our efforts to help youth at-risk for suicide. Another big thanks is due to all of our friends who made a special note of shopping at Vitamin Cottage ([www.vitamincottage.com](http://www.vitamincottage.com)) on September 30, but especially to this remarkable natural foods grocer. They not only have the healthiest products at their stores, but it's also clear that they are willing to stake out an interest in the mental health of our youth as well!

## **800 Kids and Counting...**

### **Number of Kids Referred Doubling Each Year**

**Today we surpassed our 800th referral.** That's 800 separate times that schools (over 200 of them) have contacted us concerned about a youth at-risk for suicide, and worried that their families did not have the wherewithal to seek professional counseling.

As recently as August 2006, we had a little over 300 referrals total in the history of our program, but **in slightly over one year have received almost 500 more such calls.**

A real, ongoing need is out there--and schools and others have discovered how effectively and efficiently we're able to serve kids.

If you are interested in volunteering to help us keep up our promise to continue this service, please write or call us--we will continue to utilize help of all types and fit you in with what you like to do most. Thank you!

## **Denver Post Op-Ed Piece Highlights Media Flurry**

### **Second Wind Cited as Evidence of Crisis in Access to Mental Health Services for Youth**

Because of the growth of our annual event and the number of kids we serve, both major newspapers in Denver as well as most major local Denver television stations gave significant coverage to our walk/run/ride event. The flurry of media activity, including a front page, above-the-fold article in the Denver Post, was followed this past week by a second piece in the Post, this time an op-ed by local community leader Susan Thornton:

[www.denverpost.com/thornton/ci\\_7332200](http://www.denverpost.com/thornton/ci_7332200)

We long for a day when kids contemplating suicide will not have to face such barriers to treatment, and Second Wind is no longer needed.

We're here until that day, thanks to you.

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The Second Wind Fund is a 501(c)(3) organized in the State of Colorado. Thank you for your interest in our work. If you have any questions or need information about our program or upcoming events, please see the contact information below.

**Sincerely,**

Jeff Lamontagne

## Second Wind Fund

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